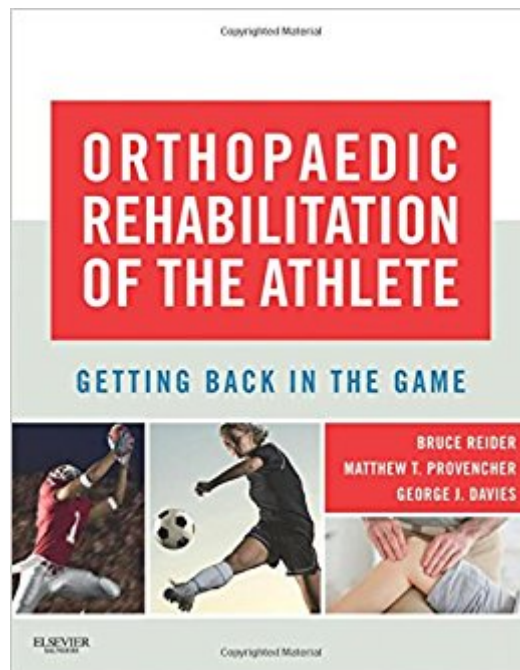


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# Orthopaedic Rehabilitation Of The Athlete: Getting Back In The Game, 1e



## Synopsis

Prevent athletic injuries and promote optimal recovery with the evidence-based guidelines and protocols inside *Orthopaedic Rehabilitation of the Athlete*! Practical, expert guidance; a templated, user-friendly format; and online videos of key rehabilitation exercises make this rehab reference ideal for any practitioner working with athletes! "The book makes a useful contribution and may also be useful to novice learners". Reviewed by: Kevin Brownhill, The British School of Osteopathy and osteopath in private practice Date: July 2015

Apply targeted, evidence-based strategies for all internationally popular athletic activities, including those enjoyed by older adults. Ensure optimal care from injury prevention through follow up 2 years post injury. Make safe recommendations for non-chemical performance enhancement. Access the complete contents online at [www.expertconsult.com](http://www.expertconsult.com), along with downloadable patient handouts, rehabilitation videos, and more.

## Book Information

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## Customer Reviews

"This is a substantial work, aimed at rehabilitation clinicians who work with athletes recovering from injury and surgery. Purchasing the book allows access to a version of the book through a smartphone app (Android or iOS), as well as to a web version. The book makes a useful contribution and may also be useful to novice learners". Reviewed by: Kevin Brownhill, The British School of Osteopathy and osteopath in private practice Date: July 2015

Great book for those looking to read about injuries in different parts of the body. Very clinical, yet

easy to understand.

Comprehensive

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Orthopaedic Rehabilitation of the Athlete: Getting Back in the Game, 1e Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Diagnosis and Treatment of the Lower Extremities: Nonoperative Orthopaedic Medicine and Manual Therapy (Nonoperative orthopaedic medicine & manual therapy) Orthopaedic Surgery Essentials: Spine (Orthopaedic Surgery Essentials Series) Game of Thrones: 100 Question Trivia Game For True Fans (Epic Fantasy Series, Game of Thrones Books, Game of Thrones, Fantasy Books) (Epic Fantasy, Fantasy ... TV, TV Guide, Game of Thrones Book) Orthopaedic Manual Therapy Diagnosis: Spine And Temporomandibular Joints (Contemporary Issues in Physical Therapy and Rehabilitation Medicine) Clinical Orthopaedic Rehabilitation: An Evidence-Based Approach: Expert Consult - Online and Print, 3e (Expert Consult Title: Online + Print) Clinical Orthopaedic Rehabilitation: A Team Approach, 4e Quick Reference Neuroscience for Rehabilitation Professionals: The Essential Neurologic Principles Underlying Rehabilitation Practice Pharmacology in Rehabilitation (Contemporary Perspectives in Rehabilitation) Physical Rehabilitation (O'Sullivan, Physical Rehabilitation) Neurological Rehabilitation, 6e (Umpfreds Neurological Rehabilitation) Pharmacology in Rehabilitation, 4th Edition (Contemporary Perspectives in Rehabilitation) Quick Reference Neuroscience for Rehabilitation Professionals: The Essential Neurological Principles Underlying Rehabilitation Professionals, Second Edition Neurological Rehabilitation - E-Book (Umpfreds Neurological Rehabilitation) Rehabilitation Techniques for Sports Medicine and Athletic Training (Rehabilitation Techniques in Sports Medicine (Prentice Hall)) A Comprehensive Guide to Geriatric Rehabilitation: [previously entitled Geriatric Rehabilitation Manual], 3e Scientific Foundations and Principles of Practice in Musculoskeletal Rehabilitation, 1e (Musculoskeletal Rehabilitation Series ( MRS )) En el juego: La vida de un atleta (In the Game: An Athlete's Life) (Spanish Version) (TIME FOR KIDS® Nonfiction Readers) (Spanish Edition) Care and Feeding of an Athlete: What You Need to Know to Rise to the Top of Your Game

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